

West Region Virtual Palliative Care Education Day

April 10th, 2025 8:30am-1pm

Please join Palliative Pain and Symptom Management Consultation Program, Southwestern Ontario, together with local palliative care physicians for our annual **West Region Virtual Palliative Care Education Day**

The purpose of the education day is to engage primary level health care professionals with education on symptom recognition and patient-centered approaches to prioritize quality of life over interventions that may not align with patient goals.

Participants will gain strategies and tools to formulate symptom management plans for patients with non-malignant conditions, deprescribing and communicating medication changes with a palliative approach to care.

Attendees will receive a copy of Hope for Best, Plan for the Rest by mail prior to the event

Who Should Attend:

The target audience is Primary Care Physicians and Nurse Practitioners. However, we encourage all Primary Care interprofessional team members including residents and nursing students to attend as a palliative approach to care is best achieved as a team.

Overall Objectives:

1. Describe the most common symptoms experienced by people living with non-malignant illness and how to optimize quality of life and avoid unnecessary transfers and interventions.
2. Describe medication management in end-stage non-malignant disease such as deprescribing non-essential medications and anticipating symptom management needs at end-of-life.
3. Evaluate the unique communication needs of people living with serious illness and resources to support caring for them.

8:30– 8:45	Opening Remarks Dr. George Kim
8:45-9:45	<p>Deprescribing at the End of Life Kristen Watt, BSc Phm, RPh</p> <p>Objectives</p> <ul style="list-style-type: none"> • Analyze the risks and benefits of using standardized order sets in long-term care (LTC), including the identification of "always" and "never" medications to improve patient outcomes. • Demonstrate strategies for deprescribing non-essential medications in end-stage non-malignant diseases to optimize quality of life and minimize unnecessary interventions. • Explain the role and application of Symptom Response Kits (SRKs) in managing end-of-life symptoms, ensuring effective communication and care planning for individuals with serious illness.
9:45-10:00	Question & Answer Period
10:00-11:00	<p>Approach to Palliative Symptom Management in Non-Malignant Disease: Pearls for Practice Dr. Kathleen Milne</p> <p>Objectives</p> <ul style="list-style-type: none"> • To identify the barriers to palliative care provision for patients with non-malignant illness and how these may affect our clinical practice • To better assess the symptom burden of our non-malignant palliative patients • To identify symptom management strategies for non-malignant patients, including adjusting a plan for patients with altered pharmacokinetics
11:00-11:15	Question & Answer Period
11:15-11:30	Break
11:30-12:30	<p>Helping Patients Face a Serious Illness: 7 Keys for primary care providers Dr. Sammy Winemaker, MD Dr. Hsein Seow, PhD</p> <p>Objectives</p> <ul style="list-style-type: none"> • Describe the 7 keys for navigating a life-changing diagnosis for patients, families and providers • Identify how implementing the 7 keys will ultimately benefit healthcare providers and facilitate person-centered care • Apply the 7 keys into practice
12:30-12:45	Question & Answer Period
12:45-12:50	Completion of Evaluations
12:30-12:45	CLOSING REMARKS

For Conference Details and
Registration:



<https://www.palliativecareswo.ca/events.html>

\$50.00

Student subsidy available, details on website

For registration questions or concerns please contact
Karla Kane at 519-685-4292 ext:42181 or by email:
karla.kane@sjhc.london.on.ca

- This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 3.75 Mainpro+® Certified Activity credits.
- Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

25% of this program is dedicated to group
Interaction

**THIS PROGRAM HAS NO COMMERCIAL
SUPPORT**