Partnering for Palliative Education





Essential Pain Management (EPM)Using a Palliative Approach

Course Overview

The focus of this course is on the pharmacological management of pain. Pain assessment,

management, and evaluation are foundational skills for nurses working in any practice setting. EPM aims to equip nurses with a foundational knowledge base and skills around pain management, from a palliative care approach, that can be applied to your practice.

Intended Audience

EPM is **designed to benefit and appeal to all classes of nurses** who care for adults living with life-threatening or lifelimiting illnesses. It allows you set your own learning pace as
you enhance foundational knowledge, interact with evidenceinformed tools and resources to complete case-based activities,
and engage in one or more coaching sessions designed to be
responsive to your individual pain-related learning needs.

Why EPM?

- Peer-reviewed, evidence-informed and up-to-date course content
- Facilitation and mentorship by experienced local palliative care nurse consultants
- Successful completion of EPM prepares learners to meet the palliative care competencies for Nurses as outlined in the <u>Ontario Palliative Care Competency</u>
 Framework and <u>Canadian Interdisciplinary Palliative Care Competency Framework</u>

For more details, please review:

EPM Content & Objectives

Course Details

This **online** course is provided using the Partnering for Palliative Education online learning platform, powered by D2L's Brightspace. You will be required to use a computer, tablet, or smart phone with a microphone &

Cost: \$40.00
Non-refundable

The course fee includes the EPM course and the additional AMP Module Preparation

camera to allow for two-way communication between coaches and peers – see Technology Requirements

EPM Course

You will have a minimum of six weeks to complete the course. To receive an EPM certificate, you must:

- complete the four modules online and
- attend one 90-minute,
 mandatory online coaching
 session. The option to engage in
 multiple coaching sessions is left to
 your discretion.

Optional Module

Advanced Approaches to Manage Pain (AMP) Preparation

Following EPM, you will have automatic access to the online AMP Preparation Module to explore advanced pain management.
Following successful completion of the AMP Preparation

module, and the AMP module quiz, you'll earn your AMP Preparation badge. At that time, you will be invited to register for the 3-hour, AMP coaching session. To receive an AMP certificate, you must complete:

- the online AMP Preparation Module
- one mandatory 3-hour, AMP coaching session with case-based activities to practice your skills

Available Courses

Following registration, we will be in touch with you regarding login details for the learning platform.

- Registration priority is given to those working in Southwestern Ontario
- **Full Participation** is mandatory to receive a certificate.