

## West Region Virtual Palliative Care Education Day

### April 11th, 2024 8:30am-1pm

Please join Palliative Pain and Symptom Management Consultation Program, Southwestern Ontario, together with local palliative care physicians for our inaugural **West Region Virtual Palliative Care Education Day**

The purpose of the education day is to engage primary level health care providers and deliver evidence-based tools and resources to advance the care of patients and their families with serious illness and palliative care needs.

Participants will gain strategies and tools for identifying patients who require palliative care, how to have essential conversations and a symptom management pocket reference guide for managing the most common symptoms experienced by patients.

**Who Should Attend:**

The target audience is Primary Care Physicians and Nurse Practitioners. However, we can encourage all Primary Care interdisciplinary team members to attend as a palliative approach to care is best achieved as a team.

**Overall Objectives:**

1. Recognize patients who would benefit from serious illness conversations and palliative care through standardized assessments and clinical criteria.
2. Conduct compassionate and patient-centered serious illness conversations, eliciting and respecting patient values, goals, and preferences for care.
3. Implement primary palliative care, including symptom management, pain control, and psychological support, collaborating with specialist palliative care teams and creating care plans aligned with patient goals and values.

8:30– 8:45	Opening Remarks
8:45-9:45	<b>How long Doc? Prognostication - Harmful or Helpful??</b> Dr. Hildegard Huff BscN, MD, CCFP <ul style="list-style-type: none"> <li>• Identify the intricacies of prognostication principles including the “art” and “science” of discussing prognosis.</li> <li>• Describe various tools of prognostication; their limitations and usefulness. Is clinical judgement alone adequate?</li> <li>• Articulating both the benefits and barrier of prognostication</li> </ul>
9:45-10:00	Questions
10:00-10:15	Break
10:15-11:15	<b>Is There Life Before Death? The Beauty, Necessity and How of Serious Illness Conversations</b> Dr. Kylea Potvin MD FRCPC <ul style="list-style-type: none"> <li>• Address the challenges in our current social and medical culture around discussing progressive illnesses and death, and the necessity of why we must gain comfort engaging in these conversations with patients and caregivers</li> <li>• Review key elements of the Serious Illness Conversation Guide and tools for managing prognosis discussions and specific conversational challenges</li> </ul>
11:15-11:30	Questions
11:30-12:15	<b>PALLIATIVE POCKETBOOK RESOURCE GUIDE</b> Andrew Nguyen, MD candidate 2024 Devanshi Shukla, MD candidate 2024 Dr. Thomas Burgess MD, CCFP (PC) <ul style="list-style-type: none"> <li>• Apply basic palliative care concepts that enrich the physician-patient relationship</li> <li>• Engage in lifelong learning by staying up-to-date on the most recent palliative care guidelines</li> <li>• Mitigate any barriers to learning by presenting palliative care guidelines in a succinct manner</li> </ul>
12:15-12:30	Questions
12:30-12:45	<b>WRAP UP AND EVALUATION CLOSING REMARKS</b>

**For Conference Details and Registration:**

<https://www.palliativecareswo.ca/events.html>

**\$50.00**

Student subsidy available, details on website

For registration questions or concerns please contact Betty Tucker at 519-685-4086 or by email: [betty.tucker@sjhc.london.on.ca](mailto:betty.tucker@sjhc.london.on.ca)

- This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 3.5 Mainpro+ credits.
- Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

25% of this program is dedicated to group Interaction

**THIS PROGRAM HAS NO COMMERCIAL SUPPORT**